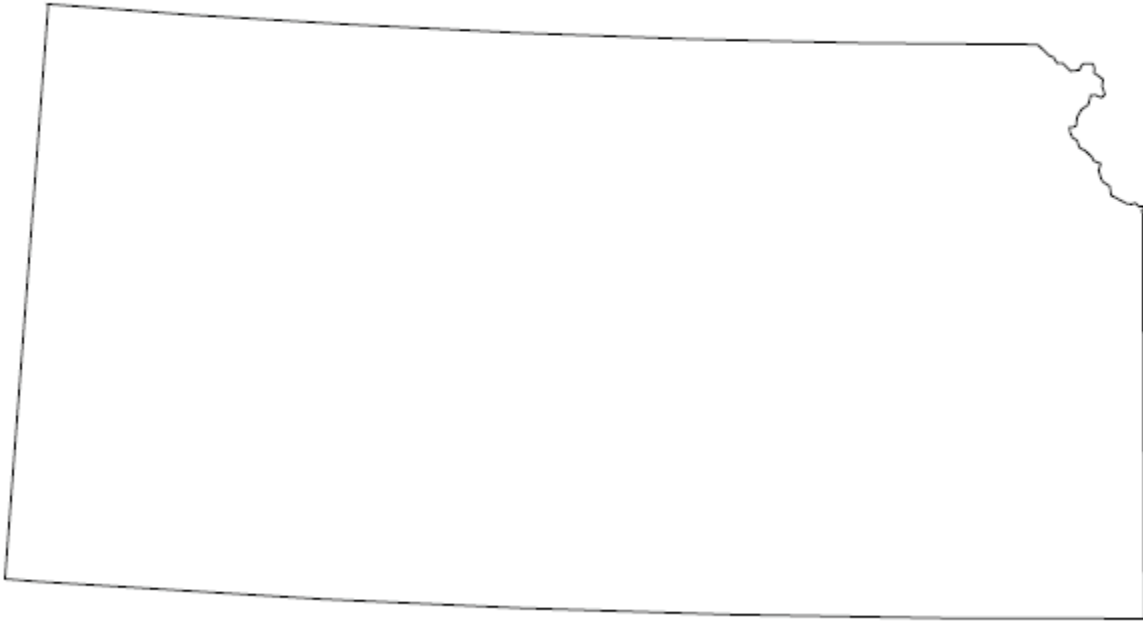


Kansas



Week of March 17th, 2009

Spinach and sunflower seed salad

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Kansas style BBQ ribs, corn on the cob, fries

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Whole wheat blender pancakes, Lyle's Golden Syrup, whipped cream